

## Would you like some support during your pregnancy or with your new baby?

We can answer your questions and help you stay healthy during your pregnancy and after your baby comes. We will meet you at your house or at a place you choose.

## B'more for Healthy Babies home visiting can help you to....

- Talk out your problems and stress
- Manage any health concerns
- Know what to expect each month of pregnancy
- Connect with services that support your individual needs

Don't think that home visiting is for you? Speak to one of our team members to learn about the many benefits for you and your baby.

Call HealthCare Access Maryland at 410-649-0500 today!

"The best part of is having someone to talk to."



HealthyBabiesBaltimore.com